

The Diva laser vaginal therapy treatment creates outcomes based on the aggressiveness of the treatment (taking into account your gynecologic concerns). Erythema (redness) and possibly edema (swelling) are the desired responses within a few minutes after completion of the procedure. The degree of the responses and length of healing time will increase with the depth and coverage of the procedure.

Post Treatment Care

Spotting may occur. This can last for a few hours—12 hours depending on the treatment depth. Immediately after treatment, you will be given a pad to wear.

Pinkish colored discharge may occur. This can last for a few hours—72 hours depending on the treatment depth.

The treatment area may be extremely warm for 12 – 24 hours after the treatment. Cold compresses or ice packs may provide comfort during this time.

Immediately after treatment, swelling is common and expected. Use of a cold compress or ice pack help relieve the swelling.

If an antiviral was prescribed for you, continue to take as directed.

You may return to your normal daily routine, including bathing (no hot baths) or showering.

You should refrain from sexual intercourse, vaginal penetration, douching or use of tampons for up to 48 or until spotting or discharge has stopped.

Some patients experience sunburn or chaffed sensation for a few days. A thin layer application of Aquaphor can alleviate this sensation.

Some patients experience mild cramping up to 24-48 hours. Post treatment discomfort may be relieved by over the counter oral pain relievers, i.e. Extra strength Tylenol or prescribed pain medication if ordered by the physician.

Itching may be experienced during the healing phase and is completely normal. Oral Bendadryl or other antihistamines may help itching. Do not scratch the treated area as scarring complications can occur.

When showering in the next few days, it is recommended to avoid getting shampoo or harsh cleansers directly on the treated area.

Gentle use of bath tissue is recommended to reduce any sensitivity to the area.

Warning

There may be some slight degree of swelling immediately post treatment, however, if you have excessive swelling or any of the following signs of infection, you should contact us immediately.

Signs of infection include:

-Drainage—looks like pus

-Increased warmth at or around the treated area